

**THERE ARE  
SMARTER WAYS  
TO GUARD  
AGAINST FALLS.**



**HOME  
SAFETY  
IS BONE  
SAFETY.**

Preventing hip fractures from falls is critical for senior home safety. A few common sense precautions can make homes safer and extend independence. A public service message from the American Academy of Orthopaedic Surgeons and the Orthopaedic Trauma Association. For home safety tips, visit [orthoinfo.org/falls](http://orthoinfo.org/falls) and [ota.org](http://ota.org).

**OTA** ORTHOPAEDIC  
—TRAUMA—  
ASSOCIATION

**AAOS**  
AMERICAN ACADEMY OF  
ORTHOPAEDIC SURGEONS