



# What are PROMs and Why Do They Matter?

Patient-Reported Outcome Measures (PROMs) are short questionnaires that help patients report on their symptoms, function, and quality of life. PROMs provide your healthcare team with information to better understand your experience and to guide your care.

**PROMs are short questionnaires that provide your medical team with information on your health that can help improve your care.**

## Why They're Important

- Ensure your voice is heard.
- Guide treatment decisions.
- Track how you're doing over time.
- Help improve your care!

## What to Know Before Filling Them Out

- ✓ Your answers are private and secure.
- ✓ They help your care team understand what matters most to you.
- ✓ They only take a few minutes to complete.



## Sample Questions

- What amount of hip pain have you experienced over the last week with going up or down stairs?
- Is it difficult for you to reach a high shelf?
- During the past week, how much difficulty have you had sleeping because of the pain?

