



# PROMs:

## Your Questions Answered

Patient reported outcomes (PROMs) are short questionnaires that help you report your symptoms, function, and quality of life. PROMs provide your healthcare team with information to better understand your experience and to guide your care.

### Common Patient Questions

**Q: Will my answers affect my treatment?**

A: Yes, your responses help your doctor tailor your care.

**Q: Who sees my PROMs?**

A: Only your care team, and your information is kept private.

**Q: How long does it take?**

A: Most PROMs take 5–10 minutes.

**Q: Are PROMs used for research?**

A: Sometimes, but only if you give permission.

**Q: Do PROMs actually improve my health?**

A: Studies show that using PROMs helps doctors understand patients' needs better, tailor care, and monitor recovery more accurately over time.

**Q: How often will I need to fill out PROMs?**

A: Usually before your visits, after your visit or surgery, and periodically during recovery. This helps track changes over time.



### Sample Questions to Ask Your Doctor

- How do you use PROMs in my treatment plan?
- What does this PROM score mean?
- Will I be able to see my scores change over time?
- Are PROM surveys tailored to my condition?

