Because of the potential long-term consequences of a concussion, it is important that athletes, coaches, trainers, and parents know as much as possible about how to recognize one. In addition to loss of consciousness, common symptoms include:

- Balance problems, dizziness
- Confusion
- Difficulty speaking and communicating
- Drowsiness
- Headache
- Nausea, vomiting

Athletes should NOT return to sports until they are evaluated and cleared by a doctor.

See more symptoms at OrthoInfo.org